



## Welcome home to true care for elderly residents

LONG TERM DAILY NURSING AND DEMENTIA CARE | RESIDENTIAL CARE | CONVALESCENT CARE | RESPITE CARE | DAY CARE



With age, we all grow more attached to the familiar comforts of our homes. At Winscombe Hall, we offer all those familiar comforts in an elegant Victorian country house, nestled in the Mendip hills. Here, we provide care that promotes individual choice, support and privacy in a stimulating

environment that is conducive to improving quality of life.

Set in an area of outstanding natural beauty, Winscombe Hall is a period country house, beautifully preserved to retain its historic charm. It boasts stylish décor and high standard furnishings.

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### Testimonial

*"Can I thank you again for all the kindness, care and support provided for my parents and my family. I would like to add on a personal note that all the staff at Winscombe Hall exudes a genuine warmth and compassion for the work they are doing and for the residents they are working with, which is a very special quality. Well done!"*

- Dave C





## Dementia Care

Winscombe Hall is a comprehensive care centre, where we provide for every stage of progression into old age. We think it's important that residents who make our home theirs, can continue calling it a home, even if their needs change.

To that end, Winscombe Hall has a specialised dementia wing, where we offer an environment designated for the care of residents who develop dementia. Our highly trained clinical and dementia care staff are available at all times.

## Personalised Care

When it comes to caring for individuals, one size doesn't fit all. At Winscombe Hall, our support and services are person-centred to meet our residents' needs. We offer different levels of care in accordance with an individual care plan, drawn out for each resident under the supervision of a dedicated home manager.



## Nursing Care

Whether you need comprehensive support or simply a little extra help as you or your loved one gets older, we have you covered. Our indoor communal areas are where residents put their feet up and/or join in social activities. Residents also have access to landscaped gardens and woodlands, in a natural setting of outstanding beauty. Dedicated staff are always on hand to guide activities and assist with individual needs.





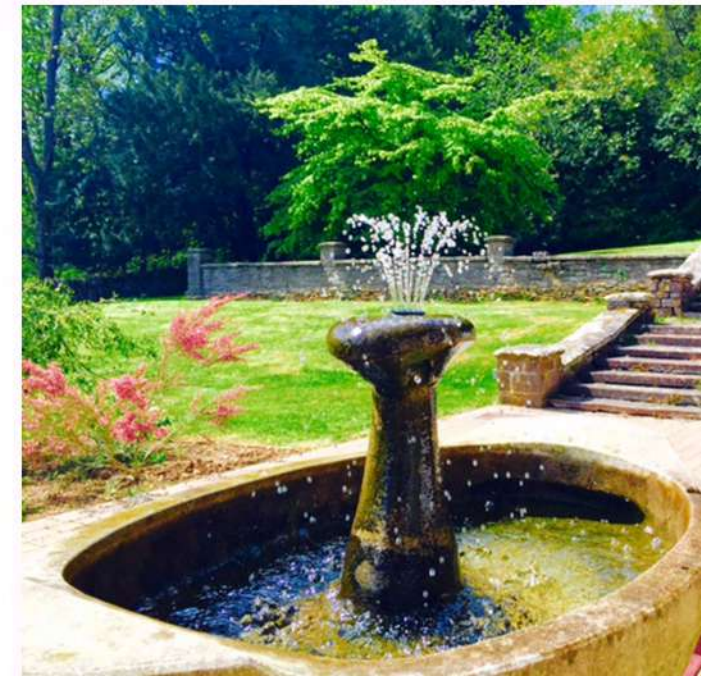
## Activities for the Body & Mind

Varied and meaningful activities are vital for the wellbeing of older people, and those living with dementia. At Winscombe Hall, we facilitate activities suited to the abilities of all our residents. Physically and mentally stimulating, these can range from light gardening or games to a bit of pampering by our hairdressers and beauticians. They are designed to enhance life skills and promote a sense of purpose and self-worth.

SPIRITUAL & THERAPEUTIC ACTIVITIES | EXERCISES FOR PHYSICAL WELLBEING | NEURAL EXERCISES | SOCIAL & OUTDOOR ACTIVITIES | REMINISCENCE & SENSORY ACTIVITIES



Our nurses, specialist carers and activities staff work to engage our residents sensitively. For each resident we create a 'This is Me' profile, which helps us keep track of existing hobbies, skills, and interests. They also guide our nurses and carers when introducing individuals to something new.



## Personal Space

Familiarity and reminiscence is invaluable. It keeps us connected with life, can ease the transition into care, and is helpful in improving memory for people with Dementia. At Winscombe Hall, all our residents are encouraged to personalise their rooms with small belongings and photographs.

## Meals & Nutrition

We know how important it is that elderly people maintain a balanced diet and a healthy interest in food. That's why our carers monitor the nutritional needs of our residents regularly. They liaise directly with our chef, who creates balanced, nutritious meals in accordance with our residents' dietary needs. Each day presents varied menu options, with a choice of seasonal dishes, using fresh, locally sourced produce. Special requests can be made. Meals can be taken in the dining room or served in the resident's room if they prefer.

## Winscombe Hall Care Centre

### Types of Care

Nursing, Residential, Convalescent, Respite, Dementia and Day Care.

### Staff Training

Staff at Winscombe Hall hold various levels of qualifications, including Registered General Nursing and National Vocational. All our staff are trained in Moving and Handling, Infection Control, Health & Safety, Food Hygiene, and First Aid. They regularly attend specialist dementia courses.

### Services Available

Parking, laundry, hairdressing, chiropody, occupational therapy, telephone, newspapers.\*

\*There may be a separate charge for some services

### Address

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