



Welcome home to true care for elderly residents

DEMENTIA CARE | RESIDENTIAL CARE | RESPITE CARE



With age, we all grow more attached to the familiar comforts of our homes. At Cedarwood House, we offer all those familiar comforts in the heart of 1066 country. Our home is a lovingly renovated traditional farmhouse, nestled in the beautiful Sussex countryside,

on the outskirts of the historic town of Battle. The care we provide here promotes individual choice, support and privacy in a stimulating environment that is conducive to improving quality of life.

Testimonial

"We would like to express our sincere thanks to you all for the gentle and kind care shown to Jack during his stay with you, we know that despite the difficulties encountered your help and patience enabled him to spend his last days happy. It is a credit to you all and so much appreciated by us. Keep smiling and carry on your good work. It's all worthwhile." - M & all the Family

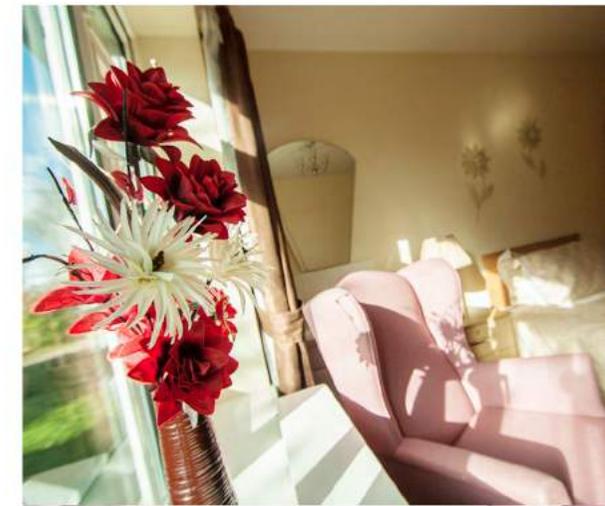


Dementia Care

Our home offers an environment designated for dementia care with highly trained dementia care staff who are available at all times. This means that residents who make our home theirs, can continue calling it a home, even if their needs change. We have purpose built spaces, like our 'garden room' and sensory corridors, which provide stimulation for residents with Dementia, and opportunities to engage, reflect and re-establish old skills.

Personalised Care

When it comes to caring for individuals, one size doesn't fit all. At Cedarwood House, our support and services are person-centred to meet our residents' needs. We offer different levels of care in accordance with an individual care plan, drawn out for each resident under the supervision of a dedicated home manager.



Residential & Respite Care

Whether you need comprehensive support or simply a little extra help as you or your loved one gets older, we have you covered. Our indoor communal areas are where residents put their feet up and/or join in social activities. Residents also have access to our garden, where those with green fingers enjoy nurturing flowers and picking seasonal fruit. Dedicated staff are always on hand to guide activities and assist with individual needs.



Activities for the Body & Mind

Varied and meaningful activities are vital for the wellbeing of older people, and those living with dementia. At Cedarwood House, we facilitate activities suited to the abilities of all our residents. Physically and mentally stimulating, these can range from light gardening or games to a bit of pampering by our beauticians. In particular, Animal Assisted Therapy is very popular at our home. We regularly have visits from pets and travelling zoos, and accommodate duckling and chick hatching kits, which allow our residents to nurture and raise the birds from egg to adult. Designed to enhance life skills and promote a sense of purpose and self-worth, our activities include:

SPIRITUAL & THERAPEUTIC ACTIVITIES | EXERCISES FOR PHYSICAL WELLBEING | NEURAL EXERCISES | SOCIAL & OUTDOOR ACTIVITIES | REMINISCENCE & SENSORY ACTIVITIES



Our specialist carers and activity staff work to engage our residents sensitively. For each resident we create a 'This is Me' profile, which helps us keep track of existing hobbies, skills, and interests. They also guide our carers when introducing individuals to something new.



Personal Space

Familiarity and reminiscence is invaluable. It keeps us connected with life, can ease the transition into care, and is helpful in improving memory for people with Dementia. At Cedarwood House, all our residents are encouraged to personalise their rooms with small belongings and photographs.

Meals & Nutrition

We know how important it is that elderly people maintain a balanced diet and a healthy interest in food. That's why our carers monitor the nutritional needs of our residents regularly. They liaise directly with our chef, who creates balanced, nutritious meals in accordance with our residents' dietary needs. Each day presents varied menu options, with a choice of seasonal dishes, using fresh, locally sourced produce. Special requests can be made. Meals can be taken in the dining room or served in the resident's room if they prefer.

Cedarwood House Care Home

Types of Care

Residential, Respite, and Dementia Care.

Staff Training

Staff at Cedarwood House hold various levels of qualifications, including National Vocational. All our staff are trained in Moving and Handling, Infection Control, Health & Safety, Food Hygiene, and First Aid. They regularly attend specialist dementia courses.

Services Available

Parking, laundry, hairdressing, chiropody, occupational therapy, telephone, newspapers.*

*There may be a separate charge for some services

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