



# Welcome home to true care for our residents

RESIDENTIAL CARE | RESPITE CARE | END OF LIFE CARE | DEMENTIA CARE



With age, we all grow more attached to the familiar comforts of our homes. At Cedar Grange, we offer all those familiar comforts and more, in a quiet corner of Southport, Merseyside. Our home is elegant and spacious, **comprised of** four lovingly renovated Victorian terraced houses, with a beautiful garden and pond.

Great emphasis has been placed on creating communal areas and family rooms which are comfortable and stimulating.

The care we provide promotes individual choice, support and privacy in a stimulating environment that is tied to improving quality of life.

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## Testimonial

*"All the staff at Cedar Grange are very caring, always patient. The individual care and personal kindness my mother and myself received in the last week of her life was above and beyond the home's remit"*

- L.O





## Dementia Care

Our home offers an environment designed around residents living with dementia. Our trained care staff are always able to support residents care needs. This means that residents who make our home theirs, can continue calling it a home, even if their needs change.



## Residential & Respite Care

Whether you need comprehensive support or simply a little extra help as you or your loved one gets older, we have you covered. Our indoor communal areas are where residents put their feet up and/or join in social activities. Residents also have access to our garden, where those with green fingers can enjoy nurturing flowers and picking seasonal fruit. Dedicated staff are always on hand to guide activities and assist with individual needs.

## Personalised Care

When it comes to caring for individuals, one size doesn't fit all. At Cedar Grange, our support and services are person-centered to meet our residents' needs.

We offer different levels of care in accordance with each resident's care needs. Our specialist carers and activities coordinator work to engage our residents sensitively with daily activities. For each resident we create a 'This is Me' profile, which helps us keep track of their needs, background, existing hobbies and interests.





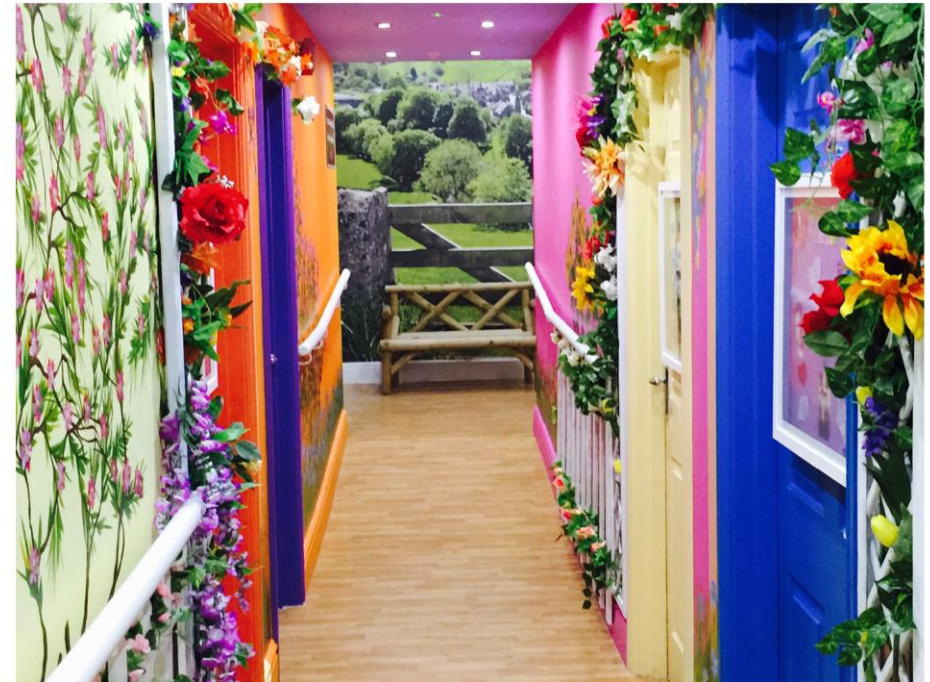


## End of Life Care

At Cedar Grange, we hold the GSF award for excellence in End-of-Life Care. Our staff are especially trained to deliver the best possible care for people in their last years of life. At such a time, comfort is key & Specialising in End-of-Life Care allows us to continue supporting residents who have made our home theirs, even when their needs change, and until the very end.

## Activities for the Body & Mind

Varied and meaningful activities are vital for the wellbeing of our residents. At Cedar Grange, we have a dedicated activities coordinator who facilitates activities suited to the abilities of all our residents. Physically and mentally stimulating, these can range from quizzes and games to a bit of pampering by our staff. We regularly bring pets and small farm animals into the home. Our activities are designed to enhance life skills and promote a sense of purpose and self-worth. We have a dedicated pub which is always open and a little tea room and veranda for residents and visitors.



## Personal Space

Familiarity and reminiscence is invaluable. It keeps us connected with life, can ease the transition into care, and is helpful in improving memory for people with Dementia. At Cedar Grange, all our residents are encouraged to personalise their rooms with small personal belongings and photographs.

## Meals & Nutrition

We know how important it is that elderly people maintain a balanced diet and a healthy interest in food. That's why our carers monitor the nutritional needs of our residents closely. They liaise directly with our chef, who creates balanced, nutritious meals in accordance with our residents' dietary needs. Each day presents varied menu options, with a choice of seasonal dishes, using fresh, locally sourced produce. Special requests can be made. Meals can be taken in several dining rooms or served in the resident's room if they prefer.

## Cedar Grange Care Centre

### Types of Care

Residential Care, Respite Care, Dementia Care and End of Life Care.

### Staff Training

Staff at Cedar Grange hold various levels of qualifications, including QCF. All our staff are trained in Moving and Handling, Infection Control, Health & Safety, Food Hygiene, and First Aid. They regularly attend specialist dementia courses and are working continually to maintain the GSF standard in End-of-Life care.

### Services Available

Parking, laundry, hairdressing, chiropody, occupational therapy, telephone, newspapers.\*

\*There may be a separate charge for some services

### Address

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