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# CURRENT INFORMATION ABOUT



- **WHAT NAME WOULD YOU PREFER OTHERS TO CALL YOU BY?**

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- **WHAT TIME DO YOU LIKE TO RISE IN THE MORNING?**

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- **WHAT TIME DO YOU LIKE TO GO TO BED?**

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- **HOW DO YOU LIKE TO SPEND YOUR DAY?**

E.g. Reading, listening to music, radio, watching television, being with other People

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- **IS THERE ANYTHING THAT YOU LIKE TO DO ON A PARTICULAR DAY?**

E.g. watching soaps, service, reading a Sunday paper, having visitors

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➤ **WHAT ACTIVITIES DO YOU NOT ENJOY MUCH**  
E.g. Group activities, listening to certain types of music

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➤ **WHAT IS YOUR FAVOURITE FOOD AND DRINK?**

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➤ **WHAT FOOD AND DRINK DO YOU DISLIKE?**

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➤ **DO YOU REQUIRE ANY EQUIPMENT TO HELP YOU TO ENJOY ACTIVITIES?**  
E.g. Hearing aid, walking stick, glasses etc

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➤ **DO YOU REQUIRE ANY OTHER HELP TO ENJOY ACTIVITIES?**  
E.g. help from a member of staff, family or a friend

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# BACKGROUND INFORMATION ABOUT

## IMPORTANT RELATIONSHIPS:

➤ **WHAT WERE YOUR PARENTS NAMES**

**Inc: Dates of birth, occupation(s)  
(Put birthdays into personal calendar)**

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➤ **DO YOU HAVE ANY BROTHERS AND SISTERS?**

**Inc: Names, date of birth, occupation, where they live/lived, nieces, nephews  
(put birthdays in personal calendar)**

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➤ **WHO WERE YOUR CHILDHOOD FRIENDS?**

**e.g Name of best friend, are you still in contact**

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➤ **DID YOU MARRY?**

**e.g Anniversary date, location of wedding  
(put date into personal calendar)**

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➤ **DID/DO YOU HAVE A PARTNER (S)**

e.g. Names (s), date of birth, age  
put birthdays into personal calendar

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➤ **DO YOU HAVE ANY CHILDREN?**

e.g Name (s), dates of births, ages, occupations, where they live  
put birthdays into personal calendar

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➤ **CAN YOU TELL US ABOUT YOUR FRIENDS?**

e.g Name(s), where they live(ed), where you meet them, what you enjoyed  
doing together.

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➤ **DO/DID YOU HAVE ANY PETS?**

e.g. Type of animal(s), name(s), age of animal(s), who looks/looked  
after them

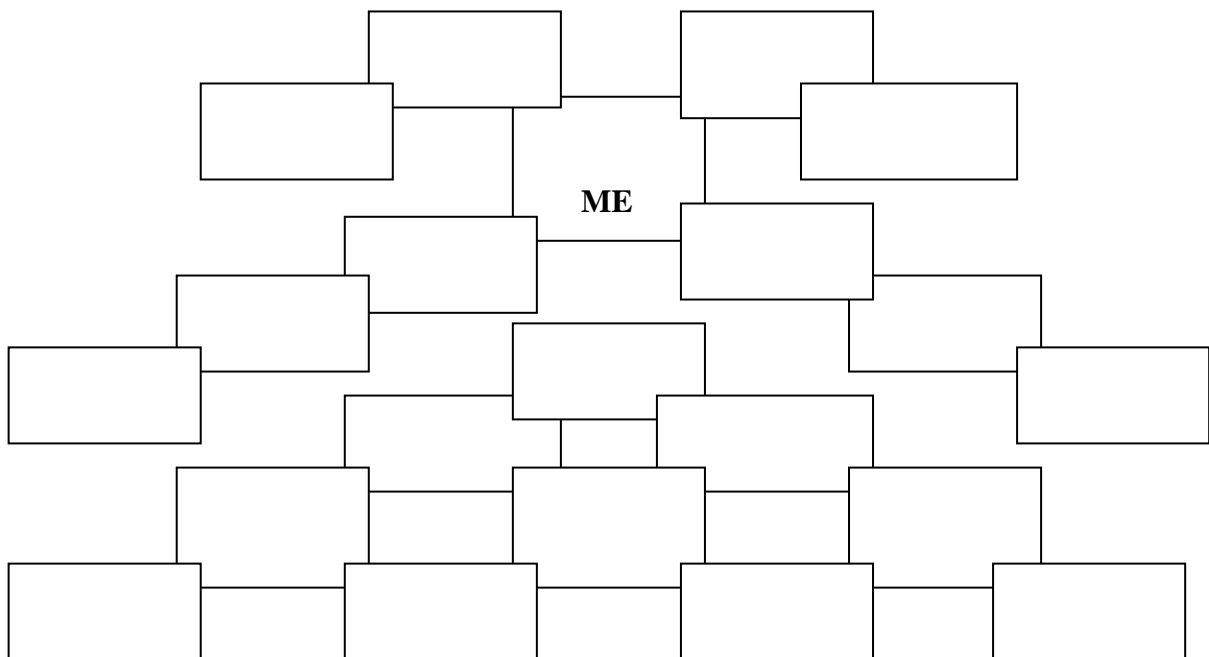
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# IMPORTANT PEOPLE IN MY LIFE

IT MAY BE HELPFUL TO DRAW A DIAGRAM TO DEMONSTRATE THE RELATIONSHIPS AND TIES BETWEEN THOSE IMPORTANT TO ME. (family, friends, pets, etc.)

YOU MAY WANT THE TREE TO SHOW HOW CLOSE YOU ARE TO PARTICULAR PEOPLE SO YOU COULD PLACE THEIR NAMES CLOSER TO YOU. OR YOU MAY WANT TO SEPARATE FAMILY MEMBERS FROM FRIENDS BY PUTTING THEM ON DIFFERENT SIDES OF THE TREE. THESE ARE JUST SUGGESTIONS THAT YOU MAY FIND USEFUL.



# IMPORTANT PLACES:



➤ **WHERE WERE YOU BORN?**

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➤ **WHERE DID YOU GROW UP**

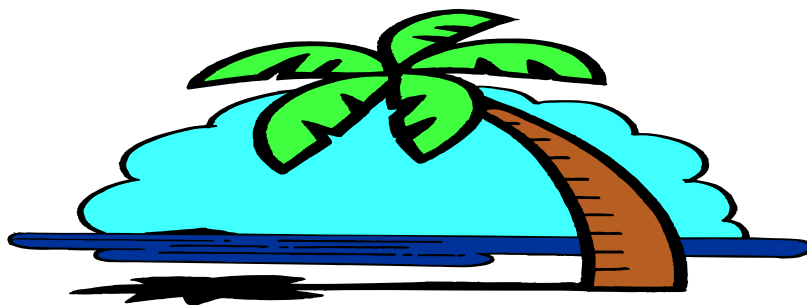
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➤ **WHERE ARE THE MAIN PLACES YOU HAVE LIVED DURING ADULTHOOD**

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➤ **WHAT PLACE(S ) ARE SPECIAL TO YOU**  
E.g. places that you liked to visit or travel to

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# EDUCATION



- **DID YOU GO TO SCHOOL? IF SO, CAN YOU TELL US ABOUT IT.**  
E.g. Name of school, college or university

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- **WHAT DID YOU PARTICULARLY ENJOY AT SCHOOL OR WHEN YOU WERE YOUNG.**  
E.g. Favourite subject/ or subject you were best at.

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## **WORK:**

- **DID YOU WORK FROM HOME, E.G. HOUSEWIFE, OR DID YOU HAVE A JOB OUTSIDE OF THE HOME? WHAT WAS YOUR MAIN OCCUPATION?**

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➤ **WHAT DID YOU ENJOY ABOUT YOUR JOB?**

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➤ **WHAT DID YOU DISLIKE ABOUT IT?**

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➤ **WHAT HAVE YOU DONE THAT YOU FEEL PROUD OF?**  
E.g achievements, personal goals, awards work/school related, study related, sport/hobby related.

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