



Cedarwood House

A residential home specialising in care for older people with dementia



- Accommodates up to 20 residents providing short term, respite and long term care
- Caring for individuals who need a little extra help as they get older and suffer from age related illnesses such as short-term memory loss, dementia or Alzheimer's
- We focus on promoting independence, individual choice, privacy, homely environment, high levels of care and comfort in an elegant environment
- Highly trained staff attending to every need 24 hours a day
- Single and double bedrooms available, some with en-suite
- Residents' lift
- Large secluded garden surrounded by beautiful countryside

Set in the beautiful Sussex countryside on the outskirts of the historic town of Battle, in the heart of 1066 country, Cedarwood House caters for the everyday needs of its residents.

This former farmhouse has been sympathetically renovated to a high standard and equipped to cater for all its residents' needs, yet still retains its rural character and many original features. We are continually updating the building and services we provide, ensuring a warm homely atmosphere for all who live at Cedarwood House.

At Cedarwood House we specialise in looking after older people with age related illnesses and place great importance on the comfort and wellbeing of our residents to ensure their personal needs are properly looked after.

We believe that everyone has their own story to tell and therefore make it our business to get to know about the people we care for by spending time getting to know each individual, what interests them and talk about the things they have achieved in their lives, the good old days. Our staff are always on hand to stimulate our residents and offer a range of activities, play games or simply listen to music, we understand that everyone is different and our highly trained carers quickly identify what interest each resident enjoys.





Cedarwood House has a large sitting room with bay window and a sunny day room, which both look out onto the extensive secure garden. We have a bright fully-serviced dining room with feature fireplace, adding to the character of the home. In the summer months, with patio doors open, residents can sit in the garden and enjoy the fresh country air, and for those that are less able we bring a little bit of the outside indoors. And if residents fancy a potter there are flower pots around the patio and a vegetable garden. With the expansive lawn we also encourage residents to go for a walk round our rose garden with our staff, or even have a game of bowls.

We feel it is important to give each resident a space to call their own. Therefore we encourage everyone to personalise their rooms by bringing in some of their personal belongings, photos creating a real home from home. This can also ease the transition into care and ensure that every individual's surroundings are as familiar as possible.

Food is a big part of our day as we serve up breakfast, morning tea, lunch, afternoon tea and dinner each and every day in our bright dining room with a view of a fruit tree through the window. Cedarwood House has an excellent chef rustling up delicious dishes, which can be chosen from a daily changing menu. Where possible we endeavour to use locally sourced produce and only the finest ingredients ensuring that our menus are nutritious. We can of course cater for all tastes and diets and are willing to consider all requests. Should you wish to take some meals in your room this of course is possible as well. And why not invite a relative or friend to join you for a meal, we always welcome guests.

At Cedarwood House we pride ourselves on the level of care and attention we give our residents. The staff are our stars as they make the difference to each and every resident on a daily basis. Not only are they highly experienced and trained in line with industry standards they are committed to each and every person who becomes a resident at Cedarwood House.

Bessie enjoys gardening

Bessy, one of our long stay residents, loves nothing more than helping plant the flower pots in spring and then enjoying them in bloom during the long summer days. And when she has visitors Bessie is quick to point out which flowers are the ones that have bloomed under her care.





Here at Cedarwood House we treat every resident as an individual, so for this reason we offer a range of types of residency depending on the level of support required. We also cannot over-emphasise the importance of keeping active and engaged, which is why we have developed an extensive programme filled with fun activities ranging from bingo to bowls and fun days out to local attractions. Why not take a look at our activities sheet included in this pack and see what takes your fancy?

As well as lots of activities we also have beauty professionals including a hairdresser who visit every fortnight. Residents can relax whilst they have their hair done or treat themselves to a manicure and pedicure. It is important that regular maintenance is given to our bodies, but really we think it's just good for the soul to have a bit of a pampering every so often.

Our team also arrange visits to the local churches and other places of worship for all religious beliefs. But if that seems a bit too far the local dean comes to Cedarwood House to hold services especially for our residents, so you don't actually need to leave your home if you don't want to.

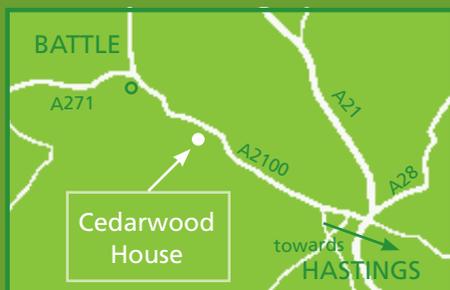
Specialist dementia and Alzheimer's care

- Because Cedarwood House is multi-level care home we have provided for various stages of progression into old age and its associated illnesses. We think it's important when you come to stay with us and call Cedarwood House your home that you be able to continue to do so as you get older.
- We really do see Cedarwood House as a place that our residents can call their home, and hopefully never have to change surroundings as we cater for almost every type of care. And if you want to hear from relatives who have helped find their loved ones a home with us, to see what they say, just ask and we can put you in touch.
- We are proud of what we do at Cedars Care Group and Cedarwood House is a perfect showcase home as far as we are concerned. A well tuned balance of care, thoughtfulness, fun and full time dedicated care.
- Our home is always open and we would be delighted to show you and your family around.



Cedarwood House

summary



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Number of rooms	20
Levels of care	Long-term, respite, residential, convalescent
Staff training	Many care staff qualified to NVQ level 2 & 3
Additional training	Moving & handling, infection control, Health & Safety, food hygiene, first aid and specialist dementia courses
Services available	Lift ✓ Parking ✓ Laundry ✓ Religious Services ✓ Hairdressing & Beauty ✓ 24 hour visiting ✓
Other services available	Chiropody, occupational therapy and physiotherapy on request
Extra Costs	Telephone, hairdressing, chiropody and newspapers etc.

