



## Welcome home to true care for elderly residents

NURSING CARE | CONVALESCENT CARE | POST-OPERATIVE CARE | END OF LIFE CARE



With age, we all grow more attached to the familiar comforts of our homes. At Ash Croft House, we offer all those familiar comforts in beautiful Formby. Our home is a lovingly preserved Victorian property, conveniently located within walking distance from Formby Train Station.

The care we provide here promotes individual choice, support and privacy in a stimulating environment that is conducive to improving quality of life.

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### Testimonial

*"This brief note is to tell you of my gratitude for the way everyone of you took such care of our Mother during the last two and a half years she spent with you. At every visit it was a great comfort to me to find her always made comfortable, nicely dressed and well nourished. Also you made me feel very welcome. So again my thanks to all of you."*

- Mrs. C



## Personalised Care

When it comes to caring for individuals, one size doesn't fit all. At Ash Croft House, our support and services are person-centred to meet our residents' needs. We offer different levels of care in accordance with an individual care plan, drawn out for each resident under the supervision of a dedicated home manager.



## Nursing, Respite & Convalescent Care

Whether you need comprehensive care with regular medical assistance, or simply a little extra help as you or your loved one gets older, we have you covered. Our fully qualified nurses are on hand 24/7 to monitor and assist residents with their needs. For individuals seeking respite or convalescent care following an illness or operation, we offer gentle support to help them regain their strength and confidence, in a comfortable environment conducive to healing. Whatever your needs, our nursing and care staff will always maintain sensitivity and respect while assisting you.



## End Of Life Care

At Ash Croft House, we are accredited by the Six Steps to Success End of Life Care Programme. Our carers and clinical staff are especially trained to deliver the highest standard in co-ordinated care for people in their last years of life. At such a sensitive and often distressing time, comfort is key and no one wants to be moved to a strange environment. Specialising in end of life care allows us to continue supporting residents who have made our home theirs, even when their needs change, and until the very end.



## Activities for the Body & Mind

Varied and meaningful activities are vital for the wellbeing of older people. At Ash Croft House, we facilitate activities suited to the abilities of all our residents. Physically and mentally stimulating, these can range from light gardening or games to a bit of pampering by our hairdressers and beauticians. They are designed to enhance life skills and promote a sense of purpose and self-worth.

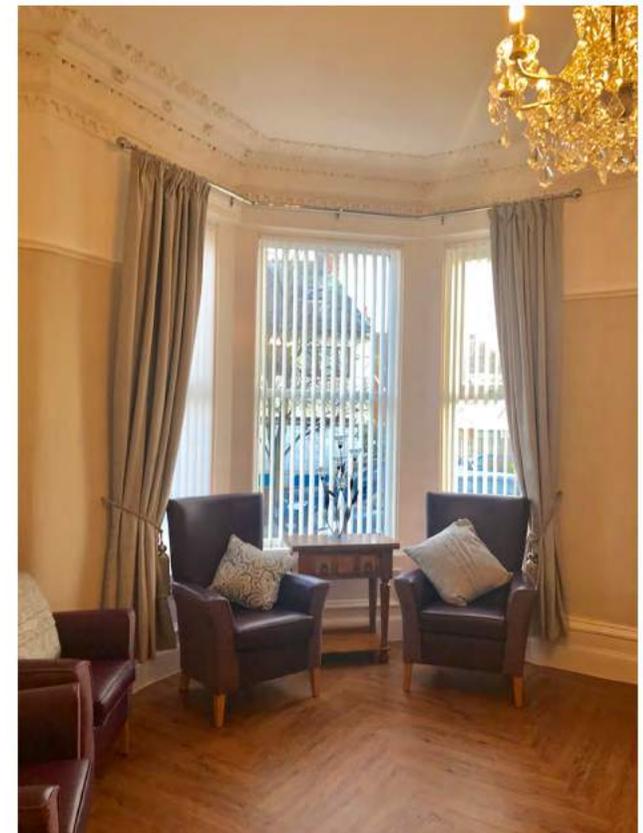
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SPIRITUAL & THERAPEUTIC ACTIVITIES | EXERCISES FOR PHYSICAL WELLBEING | NEURAL EXERCISES

REMINISCENCE & SENSORY ACTIVITIES | SOCIAL & OUTDOOR ACTIVITIES

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Our nurses, specialist carers and activities staff work to engage our residents sensitively. For each resident we create a 'This is Me' profile, which helps us keep track of existing hobbies, skills, and interests. They also guide our nurses and carers when introducing individuals to something new.



## Personal Space

Familiarity and reminiscence is invaluable. It keeps us connected with life, can ease the transition into care, and is helpful in improving memory. At Ash Croft House, all our residents are encouraged to personalise their rooms with small belongings and photographs.

## Meals & Nutrition

We know how important it is that elderly people maintain a balanced diet and a healthy interest in food. That's why our carers monitor the nutritional needs of our residents regularly. They liaise directly with our chef, who creates balanced, nutritious meals in accordance with our residents' dietary needs. Each day presents varied menu options, with a choice of seasonal dishes, using fresh, locally sourced produce. Special requests can be made. Meals can be taken in the dining room or served in the resident's room if they prefer.

## Ash Croft House

### Types of Care

Nursing Care, Convalescent Care, Post-operative Care, End of Life Care

### Staff Training

Staff at Ash Croft House hold various levels of qualifications, including Registered General Nursing. All our staff are trained in Moving and Handling, Infection Control, Health & Safety, Food Hygiene, and First Aid. They regularly attend palliative courses and are continually working towards re-accreditation for End of Life care.

### Services Available

Parking, laundry, hairdressing, chiropody, occupational therapy, telephone, newspapers.\*

\*There may be a separate charge for some services

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