



# Week 1 MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

## Breakfast

Tea, coffee, fruit juice, toast and preserve & choice of English breakfast, cereal *or* fresh fruit



## Lunch

Cottage Pie *or*  
Salmon  
New Potatoes,  
Seasonal veg

Creamy  
chicken pie,  
Potatoes,  
Seasonal veg

Mince &  
dumplings,  
Potatoes,  
Seasonal veg

Fish & chips,  
Mushy peas,  
Grilled  
tomatoes

Chicken  
casserole,  
Potatoes,  
Seasonal veg

Mince &  
dumplings,  
Potatoes,  
Seasonal veg

Roast beef,  
Yorkshire  
puddings,  
Roast potatoes,  
Seasonal veg

Apple  
crumble &  
custard

*or*  
Macaroni  
cheese

*or*  
Scampi &  
chips

*or*  
Soup with roll

*or*  
Pasta bake

*or*  
Scampi &  
chips

*or*  
Toad in the  
hole

Treacle sponge  
& custard

Lemon  
sponge and  
custard

Semolina &  
jam

Stewed  
rhubarb &  
custard

Lemon  
sponge and  
custard

Apple pie and  
custard



## Tea

Bacon &  
Tomatoes  
B&B

Corned beef  
Potato slice

Scrambled  
eggs,  
Sardines on  
toast

Spaghetti on  
toast

Ham & cheese  
pickle  
Ploughmans

Scrambled  
eggs,  
Sardines on  
toast

Selection of  
sandwiches

Angel Delight

Fruitcake

Cheesecake

Assorted fairy  
cakes

Meringue  
nests

Cheesecake

Fruit salad

Soup of the day, Omlettes, Chips, Peas & Salad, Pizza, Scampi, Chips & Peas, Jumbo Sausage Rolls, Fish Fingers, Chips & Peas or a Choice of Salads & Sandwiches are available every day.

